OPRAH WINFREY: TOP 10 RULES OF SUCCESS

1. UNDERSTAND THE NEXT RIGHT MOVE.

- “The way through the challenge is to get still, and ask yourself ‘What is the next right move?’”
- Move forward in small steps, without being overwhelmed, because “you know your life is bigger than that one moment.”
- “You’re not defined by what somebody says is a failure for you… because failure is just there to point you in a different direction.”

2. SEIZE YOUR OPPORTUNITY.

- “Nothing about my life is lucky. Nothing… Luck is preparation meeting the moment of opportunity.”
- “…I have been prepared in ways that I didn’t even know I was being prepared for. Everything that has ever happened in your life, is preparing you for what is to come…”
3. EVERYONE MAKES MISTAKES.

- “You don’t have to hold yourself hostage to who you used to be, or anything you used to do.”

- As Oprah looks back at her mistakes, she recognizes that she was the one who chose to make them, because she didn’t know any better. And now that she knows better, she knows she doesn’t ever have to do that again.

4. WORK ON YOURSELF.

- “Your real work is to figure out where your power base is.”

- “Work on the alignment of your personality, your gifts that you have to give, with the real reason why you’re here.”

- Oprah considers it a compliment if someone tells her that she’s so “full of herself.”

- Only when you’re full, do you have so much to offer and give. “Fill yourself up, and keep yourself full.”

5. RUN THE RACE AS HARD AS YOU CAN.

- “The way you step up your game, is to not worry about the other guy…” You only have control over yourself, no one else.

- “The energy it takes to look back, during the race, and see where the other guys are.. takes energy away from you. If they’re too close, it scares you.”

- It’s not about the other guy, it’s about what you can do. Give it all you’ve got. For yourself.
6. BELIEVE.

- As Oprah was growing up, her grandmother, who was a maid, expected Oprah to follow in her footsteps. Yet, Oprah always had a belief for herself, a dream, that her life would be completely different.

- “I don’t know how I knew it, other than that thing that we all have, intuition or instinct, that said ‘no this will not be my life.’”

- “That belief is what I held on to for the longest of time. I just believed that there was something bigger, greater, more for me.”

7. WE ARE ALL SEEKING THE SAME THING.

- “I always understood that there was really no difference than me and the audience.”

- “Everybody wants to fulfill the highest, truest, expression of yourself, as a human being. That’s what you’re looking for.”

- “My understanding of that has allowed me to reach everyone.”

8. FIND YOUR PURPOSE.

- “If you don’t know your purpose, your immediate goal is to figure that out – otherwise you’re just wandering around here.”

- “The moment you figure out what it is you’re supposed to be doing, the sooner you’re able to get about the business of doing that.”
9. STAY GROUNDED.

- “My life is fueled by my being and the being fuels the doing.”
- “I come from a centered place… a focused place.”
- “I come from compassion, a willingness to understand and be understood, and I come from wanting to connect.”
- “The secret of that show for 25 years… is that people could see themselves in me, all over the world…”
- “Even as I became financially successful… what I realized is through the whole process, is because I’m grounded in my own self, that although I could have more shoes… I could keep my feet on the ground.”
- “I was doing and continue to this day… the consciousness work. I work at staying awake.”

10. RELAX, IT’S GOING TO BE OKAY.

- If Oprah could say anything to her externally calm, but internally frightened 20 year old self, she would say “Relax, it’s going to be okay girl…” 😊

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